

# Provincial Cheat Sheet

Frequently Asked Questions & Answers & Other info about Lethbridge BMX



Round 1&2 - June 27/28  
STONY PLAIN BMX

Round 3&4 - July 18/19  
LETHBRIDGE BMX

Round 5&6 - Aug 8/9  
COCHRANE BMX

Round 7&8 - Aug 22/23  
AIRDRIE BMX

Can BMX Champs & Round 9  
Aug 29/30  
ST. ALBERT BMX

Grands & AB BMX Champs  
Sept 12/13  
OKOTOKS BMX

**2026**  
**ALBERTA**  
**CUP SERIES**  
**BMX**  
ALBERTA BMX ASSOCIATION

## Registration

Online [registration](#) will be available until 10 PM on the Wednesday before each Provincial weekend at [albertabmx.com](http://albertabmx.com). After online registration closes, the fee must be paid on-site either Friday between 6 PM and 8 PM, or Saturday before 8 AM.

## Provincial & Championship PRICE

Online & Onsite \$45.00

## Finals/Grands PRICE

Online & Onsite \$50.00



## Transponders

You must have a transponder to race the provincial series. Transponders cost \$100 and are available for purchase from our track. You must also register your transponder on the Sqorz website. The first-year subscription is included in the purchase price, but it must be renewed annually. Transponders are used for track timing and to record finishing order. They are placed on the side of the front fork.

**Tip:** Use a piece of an old tire tube to help secure it. When not in use, remove it from the bike to extend battery life. Once the battery dies, you will need to purchase a new transponder.

## Checking In

As a rider you **must** check in prior to racing by rolling your bike across the designated check-in area with the transponder during designated check in times.

Don't forget your mandatory front & side plates.

**Tip:** Check in for both days if you plan on racing both days, the lines can be long.

Review the riders list when it is posted and announced. Ensure information matches UCI license exactly (**name, age, gender, ability, plate number, and transponder number**). You can verify this on Sqorz.

## RIDERS TO REGISTRATION

There is very little time to fix errors. Listen for “**Riders to Registration.**” If your name is called, go to registration immediately there is an issue that needs to be resolved. Riders may be pulled from racing if errors are not corrected.

### Pulling a Rider

To withdraw a rider from racing and receive a refund, you **must** do so before registration closes on race day.

## SPECTATORS / Hotels

Spectators can watch from the bleachers. You can bring a pop-up tent and set up a spot for the weekend. Contact the host track to reserve a space or join the Lethbridge BMX Tent group.

Book hotels in advance. Host tracks often reserve blocks of rooms with time-limited discounts. Some tracks allow camping on-site.

## HOW MANY RACES WILL I RACE?

- If there are 8 or fewer riders in a group: 3 motos
- If there are more than 8 riders: additional motos may be run (Quarters/Semis/Finals)

Stay and check results to see if you have advanced. Follow progress on the Sqorz website.

Racing starts at 10 AM (weather permitting).

See event posters at [albertabmx.com](http://albertabmx.com) under “[Schedule](#)” for all practice times.

## DON'T MISS YOUR RACE

Ensure you are staged and ready before your group is called.

Racing moves quickly, and the gate will not be held. **TIP:** Pack spare tire tubes.

## PARENTAL ASSISTANCE

Riders aged 6 and under may receive assistance at the start gate, provided no forward momentum is gained. Assistance is limited to using your legs only—**no hands**—to help the rider balance.

### Must Have Check List

- Helmet
- Race Pants
- Jersey
- Gloves
- Front Plate
- Side Plate
- Bike
- Transponder

## CLIPPING IN

The youngest age category to start racing in clip shoes & pedals is **13**.

## Keeping Track of Wins / Moving up

**Boys:** 10 wins (Novice → Intermediate), then 20 more (Intermediate → Expert)

**Females:** 20 wins (Novice → Expert; no Intermediate)

**Adult Men:** 15 wins (Novice → Expert; no Intermediate)

Once you have achieved the required wins, it is your responsibility to report it to Alberta Bicycle to upgrade the race license. Failure to do so may result in loss of points or disqualification.

- Provincial win (Gold): counts as 2 wins
- District win: counts as 1 win



## Awards

At the end of a Provincial race day, line up in your age/gender category to receive your medal. Participation medals are awarded for 4th place and beyond.

## Finals / Grands

Held on the Saturday of the final Provincial weekend. Anyone may race; however, to qualify for year-end awards, riders must compete in at least 4 of 9 Provincial races plus Finals.

- Qualified racers receive:
- Trophy or gift card (depending on age)
- Provincial plate

## AB BMX Champs

Held on Sunday of the final Provincial weekend.

- Top 8 riders receive an **AB Plate**
- Riders must attend awards in race gear shortly after racing.
- No medals except for podium finishers
- Riders compete by age only (no ability categories)
- Top 2 qualify for worlds following year.

## What & When can my rider use their new plate to race with? Highest ranked in order.

1. **W-Plate** (Worlds – as soon as earned)
2. **N-Plate** (National – as soon as earned)
3. **AB-Plate** (Alberta – As soon as earned)
4. **Provincial Ranking** (Following Year)
5. Last 3 digits of UCI Number Plate

You can race your earned plate until the following years same event occurs.

## Nationals

Held on Saturday called **Can BMX Camps**

- Top 8 riders receive an **N Plate**
- Riders must attend awards in race gear shortly after racing.
- No medals except for podium finishers
- Riders compete by age only (no ability categories)
- Practice Thursday & Friday. You must pick up your race package one of these days.
- You will be provided with a different plate.
- Sunday of this weekend is considered a provincial. (Bring your plates for this day)
- Top 8 qualify for worlds following year.



## Websites and Social Media

[www.albertabmx.com](http://www.albertabmx.com)

[Our Sqorz](#)

[Lethbridge BMX -Official website](#)

Facebook: [Lethbridge BMX Club](#)

Instagram: [@LethbridgeBMX](#)

[Merch Store](#)

## Other things to know about our Club.

- Watch social media posts for schedule updates on any cancelation due to weather.
- You can purchase **Lethbridge BMX Clothing** Hats and Bags – See Merch Store
- Join us and be a part of **Whoop Up Days Parade** August 18. Stay Tuned for info.
- We have a 2026 Provincial. **Volunteers Needed** to help run our event.
- We are selling **Mega 50/50**. You could win \$2500 if we sell out. Please sign out a book and sell it to friends and family.
- Looking for **raffle table donations**. One year our table was worth over \$10,000.
  - We have a donation letter if you need one for any businesses. Please ask for it.
- After every local race night racers get a **sticker** of their placement so stick around.
- Lethbridge BMX is **fully volunteer-based club** including coaches.
- Thursdays we have **strider races** at intermission.
- Join us for **Hurricane Alley**- a competition between Lethbridge and Medicine Hat.
- Parking can be frustrating for both BMX and Baseball. Please be kind & park properly!
- We have a **potluck Dinner/Awards Banquette/AGM yearly in October**.
  - Come have fun get a trophy (If you raced just 1 race you get a trophy)

### 2026 BOARD MEMBERS

President - John Lavorato 1st Vice - Charlene Kitt 2nd Vice - Richard Petrik Treasurer - Erin Richter Secretary - Michelle Harding Track Operator - Kerri Norman Director at Large - Kylar Van Ee Director of Rider Development- Riley Lavorato Rider Rep - Bo Ferguson
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### 2025 Major Award Winners

Overall Boys 8 & Under - Cole Higgins Overall Boys 9 & Over - Riley Lavorato Overall Girls - Blake Gullickson Overall Cruiser - Brittany Braun Overall Points - Riley Lavorato Crash Test Dummy Female - Jozie Mackay Crash Test Dummy Male - Tyler Gullickson President's Choice - Kerri Norman Coach's Choice - Lincoln Braun Most Popular - Riley Lavorato Most Sportsmanlike - Bo Ferguson
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### Our Coaches

Riley Lavorato, Deb Williams & Bo Ferguson

*Disclaimer*

*Not all information may be included. If you have questions, please ask. Rules and information are subject to change. Refer to official racing regulations for complete details. A valid UCI license is required to compete locally and at provincial level. Prices listed apply to Challenge classes only. Rules and pricing may vary for Devo, Jr, Elite, and Pro classes. Please consult the handbook or ask if unsure—we are one big BMX family and always happy to help.*